AUTO INJURY HISTORY FORM

Missing / Incomplete / Inaccurate information may jeopardize your coverage by the insurance carrier or future legal documentation

ASSIGNMENT OF BENEFITS	Patient's Name Today's Date
The information on these forms is correct to the best of my knowledge and I understand that it is my responsibility to inform this office of any changes in my medical status. I also agreed and understood all the policies written above. I,	CLAIM # Insurance Co. Name + Address
title, and interest from any and all automobile insurance policy	Insurance Co. Phone #
	Date of InjuryAM / PM
which provides Personal Injury Protection (PIP), medical benefits, or no-fault benefits to Pangemanan Chiropractic, for services	Marital Status
rendered to me by Pangemanan Chiropractic for the accident on	Tobacco/Smoke None Pack per day #Years #Years
	Alcohol
Patient's Signature X	☐ Recovering Alcoholic ☐ Current Abuse
Patient's Signature Witness	At Time of Crash: □ Unemployed
Date	□ Employed by
	Currently: □ Unemployed
INJURY HISTORY	□ Employed by
Weather conditions at time of accident:	Type of work: \Box Office/clerical \Box Light Labor
□ Foggy □ Icy □ Normal □ Windy	☐ Moderate Labor ☐ Heavy labor
□ Raining □ Snowing □ Poor Visibility	Locations Taken / You Went to After the Accident:
	☐ Home. How? ☐ ER, By Ambulance / By Self / By
Time of Accident: □ Dawn □ Daylight	☐ Hospital. By Ambulance / By Self / By
\Box Dusk \Box Night	☐ Minor Emergency Center. By
Did vehicle go off the road? ☐ Yes ☐ No	Were you hospitalized? \Box Yes \Box No
Length of time in the car before accident: List your body parts that were struck during collision:	Treatments received at the hospital / ER / minor emergency place:
Elst your body parts that were struck during comsion.	
	D. E. and a / Variable
You were: □ Driver □ Passenger Front Seat □ Passenger Front Middle / Right Seat	Radiographs / X-rays? □ Yes □ No Which body parts? □
☐ Passenger Middle Left / Center / Right Seat	Did you see any other <u>health care provider(s)</u> between the date of
☐ Passenger Middle Right Seat	the accident and today's date?
☐ Passenger Back Left / Middle / Right Seat	1.) Dr.: Office Name + City
If you're not the driver, who was? Vow Status / Roch, Position Pefers Assidant:	Specialty: Date first seen
Your Status / Body Position Before Accident: □ Asleep □ Awake	Referred by:
☐ Seat/Lap Belt On ☐ Seat/Lap Belt Off	Referred by: Treatments Received:
□ Shoulder Harness On □ Shoulder Harness Off	Drug Prescriptions:
□ Reclined in Seat □ Rotated in Seat	Currently Treating? □ Yes □ No Special Tests:
☐ Both hands on steering wheel ☐ One hand on wheel	Did treatment(s) help? □ Yes □ No
□ Tired □	Notes:
Were brakes applied before the impact? ☐ Yes ☐ No	1 2.) Dr.:
Your posted speed limit: mph	Office Name + City
Rate of speed before impact: mph Traffic conditions at time of accident:	Kelerred by
	Treatments Received.
□ Congested□ Good □ Rush Hour□ Heavy□ Normal	Drug Prescriptions:
Your vehicle was impacted on:	Currently Treating?
☐ Front Head On ☐ Front Left ☐ Front Right	Special Tests:
□ Rear-End □ Rear Left □ Rear Right	Did treatment(s) help? ☐ Yes ☐ No Notes:
□ Left Side □ Right Side	REPORTS & CITATION
Type of your vehicle:	

Make & Year:	To whom was citation given and for what reason?
Vehicle Ownership: 3.) Dr.: Office Name + City Specialty: Date first seen	Were police on-scene? □ Yes □ No
Specialty:Date first seen Referred by: Treatments Received: Drug Prescriptions:	Injury/accident/police report filed? □ Yes □ No Witness(es) of accident:
Currently Treating? □ Yes □ No Special Tests:	
Did treatment(s) help? □ Yes □ No Notes:	ADDITIONAL INFO:
	Seat back adjustment altered by the crash? ☐ Yes ☐ No Was the seat broken? ☐ Yes ☐ No
BEFORE vs. AFTER THE ACCIDENT	Lap belt: □ Wearing □ Not wearing □ Don't Know
Conditions/illness due to the accident interfere with:	Shoulder belt: □ Wearing □ Not wearing □ Don't Know
☐ Activities of Daily Living	Your vehicle equipped with air bag? □ Yes □ No
☐ My normal/regular personal lifestyle	Did air bag deploy? \Box Yes \Box No
☐ My normal/regular work activities	If yes, were you struck by air bag? □ Yes □ No
BEFORE accident/injury, WALKING activities at home or work:	Did your vehicle strike any objects after crash? ☐ Yes ☐ No Did you wear hat or glasses during the crash?
☐ Normal ☐ Limited ☐ Difficult ☐ Painful AFTER accident/injury, WALKING activities at home or work:	If yes, were they still on after crash? \Box Yes \Box No
□ Normal □ Limited □ Difficult □ Painful	Did you lose consciousness? ☐ Yes ☐ No
BEFORE accident/injury, STANDING activities at home / work:	Estimated property damage to your vehicle: \$ Estimated property damage to other vehicle(s): \$
□ Normal □ Limited □ Difficult □ Painful	Symptoms AFTER the impact:
AFTER accident/injury, STANDING activities at home or work:	☐ Headache ☐ Dizziness ☐ Nausea
□ Normal □ Limited □ Difficult □ Painful	□ Vomiting □ Confusion / Disorientation
BEFORE accident/injury, BENDING activities at home or work:	□ Tingling / Numbness. Where?
□ Normal □ Limited □ Difficult □ Painful	□ Pain. Where?
AFTER accident/injury, BENDING activities at home or work: □ Normal □ Limited □ Difficult □ Painful	□ Pain. Where'?
BEFORE accident/injury, SITTING activities at home or work:	The symptoms mentioned above appear:
□ Normal □ Limited □ Difficult □ Painful	□ Immediately
AFTER accident/injury, SITTING activities at home or work:	□ hour(s) afterward. Which symptoms?
□ Normal □ Limited □ Difficult □ Painful	
POST-INJURY	Crash Diagram : (please draw the roads, names of roads highways, vehicles, direction of vehicles with arrows, etc.)
Self-care activities you have been doing since the accident:	mg wj.s, venteres, arreston of venteres with arrows, etc.)
□ None □ Ice □ Heat	
□ Compression □ Rest □ Soaking □ ACF wrop	
□ ACE wrap □ Massage	
☐ Over the Counter Medications ☐ Over the Counter Orthotics	
☐ Over the Counter Treatments	
□ Others	
Do you remember the impact? ☐ Yes ☐ None After the accident, do you need another person / outside help	
After the accident, do you need another person $/$ outside neip to help you to get around at home or at work? \square Yes \square None	
Lost time from work: \square Yes \square None	
If yes, provide dates:// to// Notes:	
Are you able to do almost any physical activity?Are you able to do almost any mental activity?	

Does it bother you to ride in a car now? _
Please mark the area of injury or







discomfort on the chart, using the appropriate <u>symbols</u>:

Numbness	
Tingling	000
Burning	^ ^ ^
Aching	XXX
Stabbing	⊗⊗ ⊗

WHAT are your COMPLAINTS?

Have you had these problems before the accident ? (ex. 2 years ago)
HOW did this problem started ? (ex. Car wreck)?
What makes the pain better (sitting/standing/nothing/painkillers/rest,etc.)
What makes the pain worse (sitting/rest, etc.)
Does it stay in the same place/locally or does it radiate? Where to?
Rate INTENSITY of pain: (NO PAIN) \rightarrow 0 1 2 3 4 5 6 7 8 9 10 \rightarrow (excruciating, unbearable, 10/10 = need to go to ER immediately)
Timing of pain: ☐ Occasional ☐ Intermittent ☐ Frequent ☐ Constant ☐ Other
Have you seen any other health care professionals about this? If yes , <u>who</u> , <u>where</u> and <u>when</u> and <u>what</u> were the results?
Have you ever experienced this problem <u>before</u> ? When? Please explain
Has this problem been getting better, worse, or staying the same since it started?
Have you had any X-rays or MRI or any tests taken for this problem(s) in the last 2 years? Yes / No. If yes, where

(If this form is not sufficient to document all your complaints, please use additional forms as necessary, copies, etc.)

List the body parts that struck the following vehicle parts during the accident:

Dashboard	Windshield	Steering Wheel	Right Door	Left Door
R / L side of the head				
R/L shoulder	R/L shoulder	R/L shoulder	R/L shoulder	R / L shoulder
R/L arm				
R/L elbow				
R/L wrist				
R/L hip				
R/L knee				
R/L ankle				

Other information:	

NEW AUTO / PERSONAL INJURY PATIENT COMPLIANCE AGREEMENT FORM

We are honored that you choose Pangemanan Chiropractic to help you recover from your recent auto-accident / personal injury, however, in order to create a harmonious, ethical, win-win situation and a congruous environment in this office, we are very selective in accepting and retaining patients. Due to the strict and meticulous legal nature of auto-accident and personal injury case, and in order to prevent accepting patients who are non-compliant, we are forced to create a selective environment in selecting patients to be cared for in this office.

This Agreement Form allows *Pangemanan Chiropractic* to *retain, honor, and respect* patients (a.k.a. practice members) who are compliant and honor their privilege as patients, at the same time we reserve the right to cease care and discharge non-compliant patients and/or refer them to other chiropractic office(s) in the area at any time.

- I agree to <u>KEEP MY APPOINTMENTS</u> and follow the treatment schedule prescribed by the physician(s) at *Pangemanan Chiropractic* for my own benefits. I agree to <u>FOLLOW THE HOME / WORK CARE INSTRUCTIONS</u> prescribed by the physician(s) at *Pangemanan Chiropractic* for my own benefit. This includes, but not limited to, icing instructions (cryotherapy) to reduce swelling and inflammation, exercises, stretches, rest, posture, etc.
- In rare cases where I have to cancel my appointment, I will make every effort to change my scheduled appointment(s) <u>AT LEAST 24 HOURS PRIOR</u> to the scheduled appointment.
- (3) I am allotted <u>UP TO THREE MISSED VISITS</u> annually after the start of my care. When this is reached, *Pangemanan Chiropractic* may be forced to dismiss me from care and may refer me to another chiropractic office immediately for my own benefit.
- (4) I agree to be financially responsible for all charges incurred at this clinic should the insurance company refuse to pay for the services provided. This office has a Zero Balance Policy and reserve the right to refuse care to patients with outstanding balance at anytime as well as the right to collect the outstanding balance using various collection methods. This office does NOT and is not responsible to send bills or charges to the patients.
- My full, active participation in my care at *Pangemanan Chiropractic* is crucial for my own recovery and stabilization. Following the home / workplace care instructions is imperative. Failure to perform the home / workplace care instructions (ice applications, exercises, stretches, posture, etc) will likely result in a slow recovery and possible worsening of my symptoms. *Pangemanan Chiropractic* may be forced to dismiss me from care immediately and refer me to another chiropractor for my own benefit. I will agree to hold harmless and indemnify *Pangemanan Chiropractic*, its physicians, employees, volunteers, and affiliated individuals or corporations from any and all liability in the past, present, or future, arising from my non-compliance, my own inability to keep my appointments and/or participating fully and actively in my home / workplace care instructions.
- (6) SHOULD I, (PATIENT) LOOSE MY ACCIDENT CASE, OR SETTLE IT WITHOUT NOTIFYING PANGEMANAN CHIROPRACTIC, I AM RESPONSIBLE FOR MY BILL FROM PANGEMANAN CHIROPRACTIC AND I UNDERSTAND THAT PAYMENT WILL BE DUE IN FULL IMMEDIATELY, ESPECIALLY IF SETTLEMENT IS GIVEN TO ME WITHOUT NOTIFICATION TO PANGEMANAN CHIROPRACTIC.
- (7) If I retain an attorney, I am responsible to inform Pangemanan Chiropractic of his/her name, address, phone, fax, and information. If I change attorneys, I am also responsible to inform Pangemanan Chiropractic of these changes and related changes immediately.
- (8) I WILL ALWAYS BE CONSISTENT in telling the doctors and staff at Pangemanan Chiropractic and my attorney all my complaints/symptoms and my complete physical history including any other accidents or preexisting conditions, throughout my care. IF MY CONDITION OR SYMPTOMS CHANGE, I should immediately advise this office. I understand that certain symptoms may indicate a need to be referred to another specialist—Pangemanan Chiropractic may terminate my care and refer out immediately
- (9) I will provide Pangemanan Chiropractic with names of all insurance companies with whom I have policies, and who I am involved with. If my insurance company or any other party requests an Independent Medical Examination, I should consider my legal obligation. Most insurance companies require my cooperation and their right to an I.M.E. which is used routinely if the expenses of your treatment exceed a certain amount. I clearly understand that the request for an I.M.E. does not give the insurance company the right to require me to change doctors or to select a doctor for treatment.
- I understand that if I am receiving medical care as a result of injuries sustained in an accident which is covered by a liability insurance policy, Pangemanan Chiropractic will not release to me a complete itemization of charges reflecting any outstanding balance until I am released from care. I also understand that if the accident in which I was involved was covered by any medical payment provision of any applicable insurance policy, any benefits obtained through any such policy will be applied directly to the outstanding balance on my account with Pangemanan Chiropractic's office. I fully understand that I am directly and fully responsible to Pangemanan Chiropractic for all medical bills submitted by Pangemanan Chiropractic for services rendered to me and that this agreement is made solely for said doctor's additional protection. Complete satisfaction of the medical bills is not contingent on any settlement, judgment, or verdict by which I recover said fee.

l,,	the undersigned,	hereby request	chiropractic	care an	d adjunctive	services	at t	he
Pangemanan Chiropractic at 1004 Dewey Drive	e, Suite C, Lawren	ceburg KY 40342.	I have read,	understa	nd and accep	t the terms	s in th	nis
form above and have had the opportunity to ask	k questions regardin	ig anything that I d	o not underst	and.				

I am looking forward to a mutual and rewarding relationship with the doctors and team members of Pangemanan Chiropractic.

Signature of Patient / Guardian (if minor)	V		
	Signature of Patient / Guardian (if minor)	Date	

NECK Index

Please rate the severity of your pain by circling a number: No pain 0 1 2 3 4 5 6 7 8 9 10 Unbearable pain

Name	Date / /
Instructions: Please circle the ONE NUMBER in each section	which most closely describes your problem.
SECTION 1-PAIN INTENSITY	SECTION 6-CONCENTRATION
 I have no pain at the moment. The pain is very mild at the moment. The pain is moderate at the moment. The pain is fairly severe at the moment. The pain is very severe at the moment. The pain is the worst imaginable at the moment. 	 0. I can concentrate fully when I want to, with no difficulty. 1. I can concentrate fully when I want to, with slight difficulty. 2. I have a fair degree of difficulty in concentrating when I want to 3. I have a lot of difficulty in concentrating when I want to. 4. I have a great deal of difficulty in concentrating when I want to. 5. I cannot concentrate at all.
SECTION 2-PERSONAL CARE (Washing, Dressing, etc.)	SECTION 7-WORK
 0. I can look after myself normally, without causing extra pain. 1. I can look after myself normally, but it causes extra pain. 2. It is painful to look after myself and I am slow and careful. 3. I need some help, but manage most of my personal care. 4. I need help every day in most aspects of self care. 5. I do not get dressed; I wash with difficulty and stay in bed. 	 0. I can do as much work as I want to. 1. I can do my usual work, but no more. 2. I can do most of my usual work, but no more. 3. I cannot do my usual work. 4. I can hardly do any work at all. 5. I can't do any work at all.
SECTION 3-LIFTING	SECTION 8-DRIVING
 0. I can lift heavy weights without extra pain. 1. I can lift heavy weights, but it gives extra pain. 2. Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned, i.e. on a table. 3. Pain prevents me from lifting heavy weights off the floor, but I can manage light to medium weights if they are conveniently positioned. 4. I can lift very light weights. 5. I cannot lift or carry anything at all. 	 I can drive my car without any neck pain. I can drive my car as long as I want, with slight pain in my neck. I can drive my car as long as I want, with moderate pain in my neck. I can't drive my car as long as I want, because of moderate pain in my neck. I can hardly drive at all, because of severe pain in my neck. I can't drive my car at all.
SECTION 4-READING	SECTION 9-SLEEPING
 0. I can read as much as I want to, with no pain in my neck. 1. I can read as much as I want to, with slight pain in my neck. 2. I can read as much as I want to, with moderate pain in my neck. 3. I can't read as much as I want, because of moderate pain in my neck. 4. I can hardly read at all, because of severe pain in my neck. 5. I cannot read at all. 	 I have no trouble sleeping. My sleep is slightly disturbed (less than 1 hr sleepless). My sleep is mildly disturbed (1-2 hrs sleepless). My sleep is moderately disturbed (2-3 hrs sleepless). My sleep is greatly disturbed (3-5 hrs sleepless). My sleep is completely disturbed (5-7 hrs sleepless).

SECTION 5-HEADACHES

- 0. I have no headaches at all.
- 1. I have slight headaches that come infrequently.
- 2. I have moderate headaches that come infrequently.
- 3. I have moderate headaches that come frequently.
- 4. I have severe headaches that come frequently.
- 5. I have headaches almost all the time.

TOTAL _____/ 50 = ____%

- n

SECTION 10-RECREATION

- 0. I am able to engage in all my recreation activities, with no neck pain at all.
- 1. I am able to engage in all my recreation activities, with some neck pain at all.
- 2. I am able to engage in most, but not all, of my usual recreation activities, because of pain in my neck.
- 3. I am able to engage in few of my recreation activities, because of pain in my neck.
- 4. I can hardly do any recreation activities, because of pain in my
- 5. I can't do any recreation activities at all.

LOW BACK Index

Please rate the severity of your pain by circling a number below:

No pain 0 1 2 3 4 5 6 7 8 9 10 Unbearable pain

Instructions: Please circle the ONE NUMBER in each section which most closely describes your problem.

Section 1 - Pain Intensity

- 0. The pain comes and goes and is very mild.
- 1. The pain is mild and does not vary much.
- 2. The pain comes and goes and is moderate.
- 3. The pain is moderate and does not vary much.
- 4. The pain comes and goes and is severe.
- 5. The pain is severe and does not vary much.

Section 2 – Personal Care (Washing, Dressing, etc.)

- I would not have to change my way of washing or dressing in order to avoid pain.
- 1. I do not normally change my way of washing or dressing even though it causes some pain.
- Washing and dressing increase the pain but I manage not to change my way of doing it.
- 3. Washing and dressing increase the pain and I find it necessary to change my way of doing it.
- 4. Because of the pain I am unable to do some washing and dressing without help.
- Because of the pain I am unable to do any washing and dressing without help.

Section 3 - Lifting

- 0. I can lift heavy weights without extra pain.
- 1. I can lift heavy weights but it gives extra pain.
- 2. Pain prevents me lifting heavy weights off the floor.
- 3. Pain prevents me lifting heavy weights off the floor, but I can manage if they are conveniently positioned, e.g., on a table.
- 4. Pain prevents me lifting heavy weights but I can manage light to medium weights if they are conveniently positioned.
- 5. I can only lift very light weights at most.

Section 4 – Walking Section

- 0. I have no pain on walking.
- 1. I have some pain on walking but it does not increase with distance.
- 2. I cannot walk more than 1 mile without increasing pain.
- 3. I cannot walk more than ½ mile without increasing pain.
- 4. I cannot walk more than ¼ mile without increasing pain.
- 5. I cannot walk at all without increasing pain.

Section 5 - Sitting

- 0. I can sit in any chair as long as I like.
- 1. I can sit only in my favorite chair as long as I like.
- 2. Pain prevents me from sitting more than 1 hour.
- 3. Pain prevents me from sitting more than ½ hour.
- 4. Pain prevents me from sitting more than 10 minutes.
- 5. I avoid sitting because it increases pain immediately.

Section 6 - Standing

- 0. I can stand as long as I want without pain.
- 1. I have some pain on standing but it does not increase with time.
- 2. I cannot stand for longer than 1 hour without increasing pain.
- 3. I cannot stand for longer than ½ hour without increasing pain.
- 4. I cannot stand for longer than 10 min. without increasing pain.
- 5. I avoid standing because it increases the pain immediately.

Section 7 - Sleeping

- 0. I get no pain in bed.
- 1. I get pain in bed but it does not prevent me from sleeping well.
- Because of pain my normal nights sleep is reduced by less than one-quarter.
- 3. Because of pain my normal nights sleep is reduced by less than one-half.
- 4. Because of pain my normal nights sleep is reduced by less than three-quarters.
- 5. Pain prevents me from sleeping at all.

Section 8 - Social Life

- 0. My social life is normal and gives me no pain.
- 1. My social life is normal but it increases the degree of pain.
- 2. Pain has no significant effect on my social life apart from limiting my more energetic interests, e.g., dancing, etc.
- 3. Pain has restricted my social life and I do not go out very often.
- 4. Pain has restricted my social life to my home.
- 5. I have hardly any social life because of the pain.

9 - Traveling

- 0. I get no pain when traveling.
- 1. I get some pain when traveling but none of my usual forms of travel make it any worse.
- I get extra pain while traveling but it does not compel me to seek alternate forms of travel.
- 3. I get extra pain while traveling which compels to seek alternative forms of travel.
- 4. Pain restricts me to short necessary journeys under $\frac{1}{2}$ hour.
- 5. Pain restricts all forms of travel.

Section 10 - Changing Degree of Pain

- 0. My pain is rapidly getting better.
- 1. My pain fluctuates but is definitely getting better.
- 2. My pain seems to be getting better but improvement is slow.
- 3. My pain is neither getting better or worse.
- 4. My pain is gradually worsening.
- 5. My pain is rapidly worsening.

PANGEMANAN Chiropractic

1004 Dewey Dr, Suite C, Lawrenceburg, KY 40342 P:(502) 839-7171 F:(502)839-4441 E: hello@pangemananchiropractic.com

(This form is not necessary unless you are hiring or have hired an attorney for this personal injury / motor vehicle accident case, then this Provider's Lien form must be signed by your attorney immediately and must be returned to Pangemanan Chiropractic ASAP)

PROVIDER'S LIEN

TO: Attorney	
Re: Reports and Provider's Lien	
I,, do hereby attorney, with a full report of this examination, to the accident in which I was involved.	authorize the above health provider to furnish you, my diagnosis, treatment, prognosis, etc of myself in regards
me both by reason of this accident and by re withhold such sums from any settlement, judgm said company. And I hereby further give a l	authorize and direct you, my attorney, to pay directly to be due and owing them for chiropractic services rendered eason of any other bills that are due their office and to ent or verdict as may be necessary to adequately protect ien on my case to said company against any and all t which may be paid to me as a result of the injuries for on herewith.
submitted by them for services rendered to company's additional protection and in consider	responsible to said company for all chiropractic bills me and that this agreement is made solely for said ration of their awaiting payment. And I further understand ettlement, judgment or verdict by which I may eventually
Patient's Signature:	Date :
Patient's Name:	
	for the above patient does hereby agree to observe thhold such sums from any settlement, judgment or rotect said company above named.
Attorney's Signature:	Dated:

Please date, sign and return one copy to doctor's office. Keep a copy for your records. A photo copy of this form shall be considered as valid as the original.